

[REDACTED]

From: submissions
To: [REDACTED]
Subject: RE: objection to A1193- irradiation of all "fresh" fruit and veegatables

From: [REDACTED]
Sent: Tuesday, 15 December 2020 11:17 PM
To: submissions
Subject: objection to A1193- irradiation of all "fresh" fruit and veegatables

A1193 Irradiation of fruit and vegetables- Objection

As a consumer of fresh fruit and vegetables I believe I have the right to choose non-irradiated produce which has not been affected by X rays.

The point of fresh foods is nutritional content and natural state- these would be altered by X ray, to the detriment of the consumer. It would be a short sighted move to irradiate all fresh produce as it would ultimately cost this country more in health care if consumers were not getting the same nutritional content and were absorbing more free radicals.

I strongly object to the idea of irradiating all fresh produce, especially when there appears to be no good reason. If there is an issue in certain foods with fruit fly that should be separately addressed.

Lengthening shelf life is not a good idea as nutritional quality decreases with shelf time. The health of the population is of more importance than the pockets of the supermarket companies.

Disinfecting and sterilizing produce flies in the face of much health research and would likely lead to more autoimmune issues. We need to consume a range of bacteria in order to remain healthy. Studies on the microbiome have long shown we need this for robust immune systems and that living in sterile environments is detrimental to our immunity.

Organic fruit and vegetables, now chosen by many, would no longer be organic after being irradiated. The same applies to biodynamically grown fruit and vegetables.

If any fruit or vegetables are to be irradiated perhaps these could be a very small proportion, separately placed, clearly marked, and sold at a cheaper price to those who do not care about or are uneducated about their health.

[REDACTED]

[REDACTED]

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